## LAKE MONTFORT SCHOOL, BENGALURU – 49 ANNUAL LESSON PLAN FOR THE ACADEMIC YEAR 2025-26

### **GRADE-5**

#### ART&CRAFT

MONTH	CHAPTER/CONTENT	TEST/EXAM	ART&CRAFT ACTIVITY
JUNE	3D Gemetric shapes drawing		Art club competition, ARTIFEX
JULY	Oil pastel blending techquies		Origami activity
AUGUST	Landscape drawing and colouring		Flag activity
SEPTEMBER	Revision for exam	HALF YEARLY EXAM	
OCTOBER	Fruits drawing and colouring		Diwali activity
NOVEMBER	Using numbers drawing objects and colouring		Paper folding activity
DECEMBER	Christmas related drawing and colouring		Christmas activity
JANUARY	Warli art drawing		Sankranti activity
FEBRUARY	Mandala art		Paper craft
MARCH	Revisionforexam	ANNUALEXAM	

### **DANCE**

MONTHS	TOPICS	PROGRAMS
June	Artifex – Informations&instructions, Auditions & Competitions. Warm up dance LAMOS drill preparation	ARTIFEX Assembly dance – 5A, 5B & 5C
July	LAMOS drill Western dance I	<b>LAMOS</b> Assembly dance – 5D, 5E, 5F
August	Freestyle dance	, , , , , , , , , , , , , , , , , , , ,
September	Western dance II	
October	Revision & Selections for Annual day Annual day preparation	
November	Annual day preparation	ANNUAL DAY
December	Christmas dance Christmas Prelude preparation	CHRISTMAS PRELUDE
January	Folk dance Principal's Day preparation	PRINCIPAL'S DAY
February	Assignment	

# Grade 5 MUSIC

MONTHS	TOPICS	PROGRAMS	
MONTH	CHAPTER/CONTENT	TEST/EXAM	
June	Assembly Prayer Song Grade- 5, Sec- A, B, C	Conducting Competition Assembly	
July	Assembly Prayer Song Grade- 5, Sec- D, E, F	LAMOS Assembly	
August	Introduction of Indian Classical Music	Assembly	
September	Teacher's Day Song	Teacher's Day	
October	Annual Day Practice Variation of Sa, Re, Ga, Ma		
November	Annual day:  • Prayer song • Cultural Song	ANNUAL DAY	
December	Christmas dance Christmas Prelude preparation	CHRISTMAS PRELUDE	
January	Montfort Day Song Principal's Day preparation	MONTFORT DAY	
February	Assignment	Assignment	

**SUB: Physical Education** 

JUNE	HEALTH-RELATED PHYSICAL EDUCATION FITNESS, YOGA AWARENESS AND LAMOS PREPARATION	
JULY	STUDY OF YOGA, LAMOS PREPARATION AND TEAM SPORTS	
AUGUST	HEALTH AND FITNESS AND ACTIVITY PREPARATION, MARCHPAST PRACTICE	
SEPTEMBER	TEXTBOOK, PAGE NO 5 TO PAGE NO 26	HALF YEARLY EXAM
OCTOBER	IDEAL POSTURES WHILE DOING EXERCISES IN STATIONARY POSITION AND REVISION	HALF YEARLY EXAM
NOVEMBER	GYMNASTIC JUMPS, VOLLYBALL PRACTICE	
DECEMBER	SPEED/BALANCE AND FOOTBALL PRACTICE	
JANUARY	AGILITY AND THROWBALL PRACTICE	
FEBRUARY	MISCELLANEOUS PROGRAM AND REVISION	
MARCH	REVISION	ANNUAL EXAM