

LAKE MONTFORT SCHOOL, BENGALURU – 49
ANNUAL LESSON PLAN FOR THE ACADEMIC YEAR 2025-26

GRADE-3
SUB: ART&CRAFT

MONTH	CHAPTER/CONTENT	TEST/EXAM	ART&CRAFT ACTIVITY
JUNE	Pattern drawing and colouring		Art club competition, ARTIFEX
JULY	Colour pencil bending techniques		Pencil shaving activity
AUGUST	Landscape drawing and colouring		Flag activity
SEPTEMBER	Revision for exam	HALF YEARLY EXAM	
OCTOBER	Fruits drawing and colouring		Diwali activity
NOVEMBER	Using numbers drawing objects and colouring		Paper folding activity
DECEMBER	Christmas related drawing and colouring		Christmas activity
JANUARY	Warli art drawing		Sankranti activity
FEBRUARY	Madhubani art		Paper craft
MARCH	Revisionforexam	ANNUALEXAM	

DANCE

MONTHS	TOPICS	PROGRAMS
June	Artifex – Informations&instructions, Auditions & Competitions. Warm up dance	ARTIFEX
July	Western dance I	
August	Freestyle dance	
September	Western dance II	Assembly dance –3A & 3B
October	Revision & Selections for Annual day. Annual day preparation	Assembly dance – 3C & 3D
November	Annual day preparation Kannada Rajyotsava preparation	ANNUAL DAY Assembly dance – 3E, 3F KANNADA RAJYOTSAVA
December	Christmas dance	
January	Folk dance Montfort day preparation	MONTFORT DAY
February	Assignment	

Grade 3MUSIC

MONTHS	TOPICS	PROGRAMS
June	ARTIFEX' Preparation	ARTIFEX
July	Introduction of Indian Classical Music- "Sa Re Ga Ma"	
August	Variation of Sa Re Ga Ma	
September	Assembly Prayer Song	Assembly

October	Assembly Prayer Song “ANNUAL DAY” <ul style="list-style-type: none"> ● Prayer Song ● Cultural Song 	Assembly
November	Assembly Prayer Song “ANNUAL DAY” <ul style="list-style-type: none"> ● Prayer Song ● Cultural Song 	ANNUAL DAY
December	Assembly Prayer Song Christmas Carols	Assembly Christmas Prelude
January	Assembly Prayer Song Montfort Day Song	Assembly MONTFORT DAY
February	Assignment	Assignment

SUB: Physical Education

MONTH	CHAPTER/CONTENT	TEST/EXAM
JUNE	HEALTH-RELATED PHYSICAL EDUCATION AND LAMOS PREPARATION	
JULY	STUDY OF YOGA AND LAMOS PREPARATION	
AUGUST	HEALTH AND FITNESS AND ACTIVITY PREPARATION	
SEPTEMBER	TEXTBOOK, PAGE NO 5 TO PAGE NO 26	HALF YEARLY EXAM
OCTOBER	IDEAL POSTURES WHILE DOING EXERCISES IN STATIONARY POSITION	HALF YEARLY EXAM
NOVEMBER	IDEAL POSTURES FOR EXERCISES IN MOVING POSITION	
DECEMBER	STRENGTH/POWER, MEDICINE BALL	
JANUARY	SPEED, LONG JUMP	
FEBRUARY	MISCELLANEOUS PROGRAMMES	
MARCH	PAGES 27 TO 50 PAGES	ANNUAL EXAM